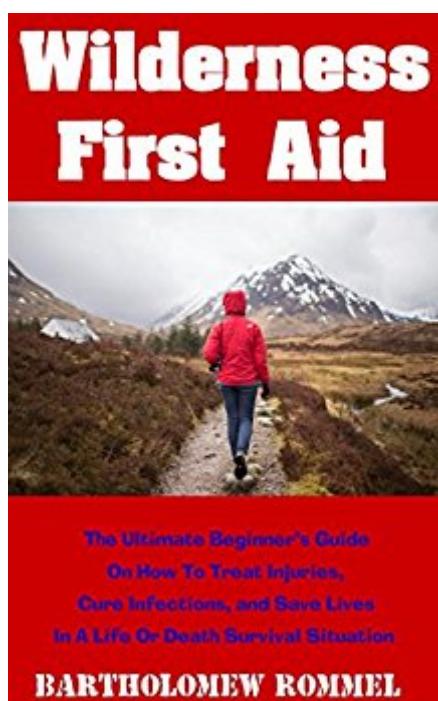


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Wilderness First Aid: The Ultimate Beginner's Guide On How To Treat Injuries, Cure Infections, And Save Lives In A Life Or Death Survival Situation



Synopsis

First aid is the rapid treatment of a person who has become the victim of either an injury or an illness, as a temporary solution until proper medical aid arrives. Even though first aid is generally not intended to be the end solution to healing a person, it can save their life and ensure a faster recovery. In this book, we will cover many different first aid topics in detail with an emphasis on how you can complete the first aid in a survival situation with limited or natural resources. The information that you will learn here will likely be some of the most important information that you ever learn in your life because it can save your life or that of another person, including someone who you care for deeply. The different first aid topics that we will cover in this book include:

- The Basics of First Aid
- Performing CPR
- Personal Hygiene
- Carrying a Wounded Person
- Treating Sunstroke, Hypothermia, and Dehydration
- Treating an Open Wound
- Treating Scrapes for Infections
- Splinting a Broken Limb
- Treating a Leg Fracture
- Recognizing and Using Wild Medicinal Plants
- Treating a Bullet Wound
- Treating a Knife Wound
- Treating a Bite
- Disease Control

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Book Information

File Size: 251 KB

Print Length: 65 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 3, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01M4S67HT

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #430,333 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #48

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sports Health & Safety #79

Customer Reviews

Handy

Very helpful!

great

Good information to help you and your party survive in the outdoors or in everyday life, This book gives the basics you need to know to treat injuries on the trail or on the highway. I especially liked the chapter on Medicinal Herbs, flowers and plants. I would think that illustrations or photo's of each plant would be helpful.

Very thorough overview of first aid applications in a survival situation. Glad I read.

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